

3 AND 4-YEAR-OLD FULL\EXTENDED DAY PROGRAM

Flexible Daily Schedule

8:45-9:30	Table toys puzzles, books , sensory play
9:30-10:00	Clean up, Wash hands, Snack time
10:00-10:20	Morning Circle Time
10:20-10:30	Group art Exploration, Explore JCC, Library, Visit Seniors
10:30-10:50	Outdoor Playtime
10:50-11:20	Diaper Changes (if needed), Wash up
11:20-12:00	Lunch
12:00-2:00	Nap Time
2:00-2:20	Wake Up, Diaper Changes (if needed), Book Time
2:20-3:00	Wash hands, Snack time
3:00-3:20	Carpet time, Finger Plays, Flannel Board Stories, Movement, Yoga, Big Books
3:20-4:00	Outdoor Playtime
4:00-4:20	Art, Yoga, Dramatic Play, Easel Painting
4:20-4:40	Diaper change (if needed), Wash hands, Get ready to go home
4:45-5:00	Pick up time, Sing goodbye songs, See you tomorrow.

Times are all approximate and flexible

Diapers are changed at scheduled times and as needed

Gardening - Monthly

Music - Weekly

Swim - Weekly

Gym - Weekly