

INFANT PROGRAM

Flexible Daily Schedule

8:45-9:30	Breakfast and Playtime
9:30-10:00	Clean up, Wash hands, 1st Nap time
10:00-10:20	Morning Circle Time, Play time, Tummy Time
10:20-10:30	Group art Exploration, Explore JCC, Visit Seniors
10:30-10:50	Outdoor Playtime/Outdoor Walk
10:50-11:20	Diaper Changes, Wash up
11:20-12:00	Lunch
12:00-2:00	2nd Nap Time
2:00-2:20	Wake Up, Diaper Changes, Book Time
2:20-3:00	Wash hands, Snack time
3:00-3:20	Carpet time, Finger Plays, Tummy Time, Movement, Yoga, Big Books
3:20-4:00	Free Play
4:00-4:20	Dinner Time, Play time
4:20-4:40	Goodbye! Sing goodbye songs, Carpool Begins

Times are all approximate and flexible

Diapers are changed at scheduled times and as needed

Gardening - Monthly

Creative Movement - Weekly

Gym - Weekly