

Have Questions?

Contact the Programming Staff:

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>upcoming</i> <b>SPECIAL EVENTS</b></p> <p><b>Passover Seder - April 2nd</b></p> <p><b>Concert with Children from our Early Childhood Center - April 3rd</b></p> <p><b>Zumba Class - April 17th</b></p> <p><b>Karate Classes - April 4th and 25th</b></p> <p><b>Intergenerational Gardening - Every Wednesday morning</b></p>	<p><b>1</b></p> <p><b>10:00 Celebration Breakfast</b></p> <p><b>10:30 Memory Games</b></p> <p><b>11:15 Concert by George</b></p> <p><b>12:15 Blintzes</b></p> <p><b>1:00 Painting or Qigong - Group Exercise</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Word Games</b></p>	<p><b>2</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Gardening Club</b></p> <p><b>11:15 Passover Seder</b></p> <p><b>12:15 Italian Meatballs</b></p> <p><b>1:00 Science Club</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Peaceful Painting</b></p>  <p><i>Happy Passover</i></p>	<p><b>3</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 ECC CONCERT Auditorium</b></p> <p><b>11:15 Concert by Lou Sabini</b></p> <p><b>12:15 Breaded Fish</b></p> <p><b>1:00 Reminiscence Games</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Fun with Friends</b></p>	<p><b>4</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Baking Club</b></p> <p><b>11:15 Concert by Jay Daniels</b></p> <p><b>12:15 BBQ Chicken</b></p> <p><b>1:00 Exercise: Balance and Agility</b></p> <p><b>1:30 Virtual Vacations - Travel Club</b></p> <p><b>2:00 Happy Hour</b></p> <p><b>2:15 Karate Class</b></p>
<p><b>7</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Bingo with Friends</b></p> <p><b>11:15 Concert by Cecilia</b></p> <p><b>12:15 Chicken Marsala</b></p> <p><b>1:00 Afternoon Crafts</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Dance/Movement Therapy Class</b></p>	<p><b>8</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Memory Games</b></p> <p><b>11:15 Concert by Peter</b></p> <p><b>12:15 Vegetable Lasagna</b></p> <p><b>1:00 Painting or Qigong - Group Exercise</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Word Games</b></p>	<p><b>9</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Gardening Club</b></p> <p><b>11:15 Concert by John M.*</b></p> <p><b>12:15 Pot Roast</b></p> <p><b>1:00 Science Club</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Peaceful Painting</b></p>	<p><b>10</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>11:15 Concert by Aaron Miller</b></p> <p><b>12:15 Eggplant Parmigiana</b></p> <p><b>1:00 Reminiscence Games</b></p> <p><b>2:00 Relax and Refresh</b></p> <p><b>2:15 Fun with Friends</b></p>	<p><b>11</b></p> <p><b>10:00 Light Breakfast and Chat</b></p> <p><b>10:30 Baking Club</b></p> <p><b>11:15 Concert by Paul Simone</b></p> <p><b>12:15 Honey Mustard Chicken</b></p> <p><b>1:00 Exercise: Balance and Agility</b></p> <p><b>1:30 Virtual Vacations - Travel Club</b></p> <p><b>2:00 Happy Hour</b></p> <p><b>2:15 Fun with CareOne</b></p>

\* Designates concerts located in the auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
<p>14</p> <p><b>Program Closed</b></p>  <p><b>HAPPY PASSOVER</b></p>	<p>15</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p><b>11:15 Concert by Frankie M.</b></p> <p><b>12:15 Eggplant Parmigiana</b></p> <p>1:00 Painting or Qigong - Group Exercise</p> <p>2:00 Relax and Refresh</p> <p>2:15 Word Games</p> 	<p>16</p> <p>10:00 Light Breakfast and Chat</p> <p><b>10:30 Gardening Club</b></p> <p><b>11:15 Concert by Michael*</b></p> <p><b>12:15 Swedish Meatballs</b></p> <p>1:00 Science Club</p> <p>2:00 Relax and Refresh</p> <p>2:15 Peaceful Painting</p>	<p>17</p> <p>10:00 Light Breakfast and Chat</p> <p><b>11:15 Concert by Selah</b></p> <p><b>12:15 Fish Francese</b></p> <p>1:00 Reminiscence Games</p> <p>2:00 Relax and Refresh</p> <p><b>2:15 Zumba Class</b></p>	<p>18</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Baking Club</p> <p><b>11:15 Concert by Joe Allegro</b></p> <p><b>12:15 Hawaiian Chicken</b></p> <p>1:00 Exercise: Balance and Agility</p> <p>1:30 Virtual Vacations - Travel Club</p> <p>2:00 Happy Hour</p> <p>2:15 Letter Zap</p>
<p>21</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Bingo with Friends</p> <p><b>11:15 Concert by Reggie</b></p> <p><b>12:15 Pepper Steak</b></p> <p>1:00 Afternoon Crafts</p> <p>2:00 Relax and Refresh</p> <p>2:15 Dance/Movement Therapy Class</p>	<p>22</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p><b>11:15 Concert by John Lepre</b></p> <p><b>12:15 Poached Salmon</b></p> <p>1:00 Painting or Qigong - Group Exercise</p> <p>2:00 Relax and Refresh</p> <p>2:15 Word Games</p>	<p>23</p> <p>10:00 Light Breakfast and Chat</p> <p><b>10:30 Gardening Club</b></p> <p><b>11:15 Concert by Efrante*</b></p> <p><b>12:15 Shepard Pie</b></p> <p>1:00 Science Club</p> <p>2:00 Relax and Refresh</p> <p><b>2:15 Live Musical Performance</b></p>	<p>24</p> <p>10:00 Light Breakfast and Chat</p> <p><b>11:15 Concert by George</b></p> <p><b>12:15 Blintzes</b></p> <p>1:00 Reminiscence Games</p> <p>2:00 Relax and Refresh</p> <p>2:15 Fun with Friends</p>	<p>25</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Baking Club</p> <p><b>11:15 Concert by Joe Conti</b></p> <p><b>12:15 Chicken with Mushrooms</b></p> <p>1:00 Exercise: Balance and Agility</p> <p>1:30 Virtual Vacations - Travel Club</p> <p>2:00 Happy Hour</p> <p><b>2:15 Karate Class</b></p>
<p>28</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Bingo with Friends</p> <p><b>11:15 Concert by Neil Dankman</b></p> <p><b>12:15 Turkey Burger</b></p> <p>1:00 Afternoon Crafts</p> <p>2:00 Relax and Refresh</p> <p>2:15 Dance/Movement Therapy Class</p>	<p>29</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p><b>11:15 Concert by David Scance</b></p> <p><b>12:15 Salmon Salad</b></p> <p>1:00 Painting or Qigong - Group Exercise</p> <p>2:00 Relax and Refresh</p> <p>2:15 Word Games</p>	<p>30</p> <p>10:00 Light Breakfast and Chat</p> <p><b>10:30 Gardening Club</b></p> <p><b>11:15 Concert by Richard Stillman</b></p> <p><b>12:15 Meatloaf</b></p> <p>1:00 Science Club</p> <p>2:00 Relax and Refresh</p> <p>2:15 Peaceful Painting</p>	 <p><b>BIRTHDAYS THIS MONTH</b></p> <p><b>Claire 4/22</b></p> <p><b>Marlene 4/23</b></p>	<p><b>Manicures</b></p> <p>Once a week our participants may receive a free manicure. Manicurist days are subject to change.</p> <p>Inquire for more details.</p> 

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